		Five Core Competencies	Pathw	ays	Patl	h ar	nd Pro	oject	Mat	rix		R R	equired	E	Elec	tive	Vers	ion 20	)20/1/3	0			5		Level 1		R Ice	Breaker			R
Level	Der	Public Speaking	DL	EC		E		IP		LD	MS	P	I	PM		SR	ТС		VC		Σ		Project descriptio Refer to full and latest version in your Base Camp.		Level 2		R				R
۲ زبر	Project Number	e       2 Interpersonal Communication         3 Strategic Leadership         4 Management         5 Confidence	Dynamic	Effe	ective	Enc	aging	Innova	tive	Leadership	Motivati	onal Pe	ersuasive	Presenta	ation	Strategic	Team		Visionary		ORP	Speech	ct desci to full a version 3ase Cai	Path	Level 3		R				E
olex	r L	ੱ 3 Strategic Leadership	Leadership		aching		nor	Plannin		Development			fluence	Mastery		Relationships		oration	Communic	ation	ENT	Spe	ect de to ful Base		Level 4	_	R				E
Complexity	roje	Management       Image: Second se	128	a a	246		16	00	26	1246	12	86	826	0	ß	1286	04	25	082	ß	N Y	# d	Proje Refer latest your F	δ	Level 5	oletion	R Ref	lect on Yo	ur Path		Th
1		Ice Breaker	R	R		R		R		R	R		2	R		R	R		R		_	-	4-6-min speech	of any						tc.) and lea	arn th
Leve	8100	Evaluation and Feedback	R	R		R		R		R	R	F	ર	R		R	R		R				Two 5-7-min pr								
(		Researching and Presenting	R	R		R		R		R	R	F	ર	R		R	R		R			-	5-7-min speech								
		Understanding Your Leadership Style	R	R				R		R		•	2			R	R		R			-	5-7-min speech								
el 2		Understanding Your Communication Style Introduction to Toastmasters Mentoring	R R	R R		R		R		R	R	F	>	R		R	P	_	R R		0	-	5-7-min speech 5-7-min speech								
Lev		Managing Time								R											-	-	5-7-min speech							-	
2		Cross-Cultural Understanding														R					5	-	5-7-min speech		. ,		. ,				
		Active Listening	L3 E	L3	E	L3	Е	L3 E		L3 E	R	6	ર	L3 E		L3 E	R		L3 E		(	0 [	Demonstrate yo	our abili	ty to listen to v	vhat other	rs say l	oy serving	as Topicsmas	ter and com	nmen
		Connect with Your Audience	L3 E	L3	E	R		R		L3 E	L3 E		3 E	L3 E		L3 E		E	L3 E				5-7-min speech								
	_	Effective Body Language	L3 E	1.3	E	R	E	1.3 E		L3 E	1.3 E		3 E 3 E	R		L3 E		E	L3 E				5-7-min speech 5-7 min speech								·····
	_	Negotiate the Best Outcome	L3 R	1.5	E	ĸ												C					5-7-min speech								
		Reaching Consensus		L3	R																_	_	20-min consens				-				
	8320	Engage Your Audience with Humor				L3	R															1 5	5-7-min speech	revolvi	ng a central me	essage wit	ith appl	lying their	style of humo	or. Use at lea	ast o
		Present a Proposal						L3 R													_	-	5-7-min speech								
		Planning and Implementing Understanding Emotional Intelligence		_		-				L3 R	13 R							_					2-3-min report			, ,					· ·
		Understanding Conflict Resolution		-									R								_	-	5-7-min speech 5-7-min speech								
		Persuasive Speaking												L3 R	2							-	5-7-min speech			-	-				
	8314	Successful Collaboration															L3	R				1 5	5-7-min speech	on you	, your learning	, and your	r perce	ptions of t	he experience	of working	, with
m I		Develop a Communication Plan																	L3 R		_	-	5-7-min speech		-						
eve		Make Connections Through Networking Connect with Storytelling	L3 E	L3	E	L3	E	1.3 E		L3 E	L3 E		3 E 3 F	L3 E		L3 R		E	L3 E		_	-	5-7-min speech	•	-	-					-
		Creating Effective Visual Aids	L3 E	1.3	E	1.3	E	L3 E		L3 E	1.3 E		3 E	L3 E		L3 E		E	L3 E		_	-	5-7-min speech 5-7-min speech								
3		Deliver Social Speeches	L3 E	L3	E	L3	E	L3 E		L3 E	L3 E		3 E	L3 E		L3 E		E	L3 E				Two 3-4-min dif				-			-	
	8304	Focus on the Positive	L3 E	L3	Е	L3	Е	L3 E		L3 E	L3 E	1	3 E	L3 E		L3 E	L3	E	L3 E				2-3-min report				-	-			-
		Inspire Your Audience	L3 E	L3	Е	L3	Е	L3 E		L3 E	L3 E	1	3 E	L3 E		L3 E		E	L3 E			1 5	5-7-min speech	on a to	pic with the int	tent of ins	spiring	your audi	ence to practio	e writing ar	nd de
		Prepare for an Interview	L3 E	L3	E	L3	E	L3 E		L3 E	L3 E		3 E	L3 E		L3 E		E	L3 E		_	-	5-7-min role-pla								o pre
		Understanding Vocal Variety Using Descriptive Language	L3 E	1.3	E	1.3	E	L3 E		L3 E	L3 E		3 E 3 E	L3 E		L3 E		E	L3 E		_	-	5-7-min speech 5-7-min speech			-					าดเมลด
		Using Presentation Software	L3 E	L3	E	1.3	E	L3 E		L3 E	L3 E	1	3 E	L3 E		L3 E	L3	E	1.3 E		_	-	5-7-min speech							-	
		Meeting Role Requirements	L3	L3		L3		L3		L3	L3		3	L3		L3	L3		L3			S	Serve as speech	h evalua	ator, Toastmast	er and To	picsma	ster at lea	st once each	to complete	e leve
		Manage Change	L4 F	R																	_	-	5-7-min speech		-					-	
		Improvement Through Positive Coaching		L4	R	2																	5-7-min speech					-			
		The Power of Humor in an Impromptu Speech Leading Your Team		-		L4	R			L4 R								_					Two 2-3-min spe 5-7-min speech							-	
		Motivate Others									1.4	R					1.4	R			_		5-7-min speech					-			
	8404	Leading in Difficult Situations											4 F	2								2	5-7-min speech	to sha	re a detailed pr	oject plan	n, 2-3-r	nin discus	sion of possib	e disruption	ns an
4		Communicate Change																	L4	R			5-7-min speech					-	-		
Leve		Manage Projects Successfully Managing a Difficult Audience	L4 E	E 14	E	L4	E		R	L4 E	L4	E	4 E	1.4	E	14 E	14	E	1.4	E			2-3-min speech								
		Public Relations Strategies		E 14	F	= L4 = 14	E		E	14 F	14	F	4 F	1.4	R	L4 R		F	14	E	_		5-7-min speech 5-7-min speech	-			-		-		
4		Building a Social Media Presence	L4 E	E 1.4	E	1.4	E	1.4	E	L4 E	1.4	E	4 E	L4	E	L4 E	1.4	E	1.4	E	_		5-7-min speech								
	8402	Create a Podcast	L4 E	E L4	E	1.4	E	L4	Е	L4 E	L4	E	4 E	L4	Е	L4 E	L4	E	L4	Е		1 2	2-3-min speech	to intr	oduce your pod	cast and p	play 5-	10-min se	gment. Create	interesting	g con
		Manage Online Meetings	L4 E	E L4	E	E 1.4	E	L4	Е	L4 E	L4	E	4 E	L4	E	L4 E	L4	E	L4	E	_	-	Conduct 20-25-		5						
		Question-and-Answer Session Write a Compelling Blog	L4 E	E L4	E	L4	E	1.4	E	L4 E	L4	E	4 E	1.4	E	L4 E	1.4	E	1.4	E	_		5-7-min speech						-		
		Lead in Any Situation		R				1.44	E	ے ہے۔ بب	1.9	E .		1.9	E	L4 E	1.5	R			_	-	2-3-min speech 8-10-min speec								
		Deliver Your Message with Humor				L5	R			velopment	y a					s			nication		_		18-22-min keyn								
	8507	Manage Successful Events	lership		Bu		5			ud R	rateories	ņ	- De		9	ship		<u>.</u>	nica			1 5	5-7-min speech	of any	style about imp	pact on pla	lanning	, team an	d organization	. Plan, coord	dinat
		Team Building	lers		Coachi		Ĕ.			e	15	R	Influe	Macter					2				2-3-min report							-	
el 5		Develop Your Vision High Performance Leadership	Lead	E 1.5	ů.		Hu C			Õ	Ū					elat		abo	Commu	R			Two 5-7-min sp Two 5-7-min sp								
Lev		Prepare to Speak Professionally		E 1.5	0	< 1.5	ngaging	vative	F	eadership	ational	F	sive	entation		Strategic Relationships	1.5	Collaboration	2				18-22-min of ar								
C		Leading in Your Volunteer Organization	Dynamic	E L5	E E		E E		E			E	suas		E	egi e		E	ua e	F	_		5-7-min speech								
	8502	Ethical Leadership	Δ	E LS	Ξ.	1.5	Ε	1.5	Ε	E eac	C	EL	5 Bers	Drac	E	LS LS E	L5	E E	Visio	Е	(	0 0	Organizing and	modera	iting 20-40-mir	n panel dis	scussio	n on ethic	al framework	followed by	/ Q&A
		Lessons Learned	LS E	E L5	E	LS	E	L5	E	L5 = E		EL	5 <b>6</b> E	1.5	E	US O E	L5	E	15 >	E	_	-	5-7-min speech								
_		Moderate a Panel Discussion Reflect on Your Path (After completing L1-5)		E			E		E			E			E	E		E	1.5	E		-	Plan and moder								
	0210	Reflect on rour rath (Arter completing LT-5)		- (	<b>) -</b>	- (	<b>9</b> - K	- (2	ĸ		CH4	R L	2	-0	K					ĸ	-	T	10-12-min spee	ech of a	iny style reflecti	ing on you	ur grow		preung a patr	. Summariz	∠e SK
Ŀ	8311	Prepare to Mentor (After L1 and L2 of any path	) Path	ways	s Ment	tor P	rogran	n Proje	ect 1,	/3											R (	1 0	No speech. Clar	ify you	personal goals	and inter	rests re	elated to N	lentoring. Mee	et with VPE	to di
Mentor	8410	Mentoring (After Project 8311)	Path	ways	s Ment	tor P	rogran	n Proje	ect 2,	/3											R	1 5	5-7-min speech	on wha	at you have lea	rnt as a m	nentor.	Work with	n a protégé to	complete a	ı proj
≥	0500	Advanced Mentoring (After Project 8410)		-	_	_		n Proje	_						+			_		$\square$			5-7-min speech						-		
-	Ų	Pathways Mentor Designation													<u> </u>							_	Submit the Path								
DTM	8599	Pathways Mentor Designation           Distinguished Toastmaster (Email educationaw           DTM Award	ards@toa	astma	asters.	.org	arter c	omplet	ing L	evels 1,	∠ and 3	of the	e secor	ia path	.)			_		$\square$			5-7-min speech			-	-		-		
		ve projects are available for paths in print: 8300, 83														online a	nd pri	inted	paths a	avai	<u> </u>		Submit award a other languag		Project d				ICL UNICER TOP	i year; ciub	Dr
		rojects are available in print: 8311, 8410, 8500, and								Printed																			e at https	://mus	ash

Prepared by Masayo Arai, ACG, ALB, D76 Pathways Guide, in collaboration with Aaron Leung, DTM, EH5, (completed all 11 paths), PWMENTORPGM x 3, D70 Pathways Advisor, D70 B15 Area Director, D89 H1 Area Director 2019-2020. This material is not issued officially by Toastmasters International. It may include obsolete or incorrect information. Taking this into consideration is highly recommended.

		Evaluation & Feedback		Researching & Presenting							
	R		R	Introduction to TM Mentoring							
	Е		Е								
	Е										
	Е										
		project is accessible after all levels 1 th	rou	gh 5 have been completed.							
		basic structure of a public speech.	-	acond anosch							
		eive feedback, and apply the feedback to		•							
		searched). Learn, review, refine research m mary leadership style(s) using Discover `									
		yles and identify your style using Discover									
•	mportance of having a mentor. Clearly define how Toastmasters envisions mentoring.										
	wn cultural identities and stereotypes that impact others' perceptions of you.										
nd comment on each speaker's Table Topics speech at a club meeting.											
e. Practice the skills needed to connect with an unfamiliar audience.											
ional boo	onal body language. Learn, practice, and refine how you use nonverbal communication.										
		numor into your presentation.									
		eflect on the strategies you used or you									
		n any style - Leading non-TM group towa									
		e anecdote/story intended to entertain/but life. If a proposal is for TM club, talk w	-								
-	y area of your life. If a proposal is for TM club, talk with the appropriate officer.										
	ct and implement plan with or without help from others. Submit Project Completion form.										
	Understand your own and others' emotions. Submit Project Completion Form to VPE										
	tegy and best attributes in a conflict situation. A conflict resolution video activity. rsuasive speech. If done outside club, VPE's approval and TM evaluator are required.										
		a small team to make a collaborative dec									
-		event either real or hypothetical. Practice									
e building	g con	nections through networking event. Proje	ect C	Completion Form if non-TM event.							
ou create	e. Pra	actice using a story within a speech or give	/ing	a speech that is a story.							
-		ing a variety of visual aids during a speed									
-	-	ech praising an individual or group) at tw									
		of recording your moods and attitudes. S	Subr	nit Project Completion Form to VPE.							
-		vering a speech that inspires others.									
eaed to	pres	ent yourself well in an interview such as	а јо	D OF EXPERT INTERVIEW.							
ling lang	uane	to increase interest and impact.									
5 5		ional) that lends well to a visual presenta	atior	n using technology.							
mplete l		, .									
		eate a management plan for past, future	or h	ypothetical change in your life.							
ak with \	/PE t	o choose TM or non-TM member) through	nap	project outside of TM club meeting.							
astmaste	r fror	n "Impromptu speech topic resource". Inclu	Jde	at least one anecdote each.							
		a project. With VPM and VPPR to choose									
		project that benefits your club. Develop r									
		ong members and impromptu speech on s									
		The change may be real or hypothetical		,							
		eam, develop rapport with stakeholders a		÷ ,							
		e in calm, effective and professional man n. Talk with VPPR and President on your p									
-		establishing or enhancing, e.g. Blog, SN									
	-	ent and organize a cohesive program tota									
-		fits best. If outside club, VPE's approval	-								
		ely and with confidence on a topic you a									
ing at le	ast e	ight times in one month. Blog can be new	v or	existing. Project Completion Form.							
60° eval	uatio	n. Serve as an any level of leader 6+ mo	onth	s. Peers to your 360° evaluation. $\star$							
/al neede	d by	VPE in advance if you may present your sp	eecl	n to a non-TM audience.							
-	n, coordinate and complete an event of your choice. $\star$										
eading or team. Work with a small team to design and host a team-building event. $\star$											
I vision and establish a plan to implement it. Submit Project Completion Form to VPE.											
-	ect with defined goals with a team (3+ members). Form and meet with committee 5+ times. * you would convey as a professional level speaker. If for non-TM group, get VPE's approval.										
-	ths in TM or other volunteer organization. Create succession plan for transition. *										
	wed by Q&A session. Provide discussion opportunity on ethics to organization or community.										
	project team. Record meeting results. Team members complete 360° evaluation of leader. *										
If outside TM club meeting, get approval and submit Project Completion Form to VPE.											
	mmarize skills you have learned, developed. Celebrate your achievements at the end of path.										
th VPE to	o disc	cuss your readiness to mentor. Submit Pr	ojec	t completion form to VPE.							
plete a p	oroje	ct (VPE pairs you with protégé), set goals	an	d develop a plan to help protégé.							
tment, c	omm	unicate regularly with protégé, record m	eeti	ng dates and times and giving feedback.							
d an ent	ire pa	ath.									
ect that t	ct that benefits an organization with a team. Peer 360° evaluation by team & organization. $\star$										
ar; club mentor or coach; club sponsor or Speechcraft or Youth Leadership program; DTM project.											

## Download evaluation resources \*: These projects /musashiurawa.toastmastersclubs.org/pathways.html ★: These projects require a team.